



## ***Support for Pet Loss Is Hard To Find***

When you lose a cherished pet, you may feel embarrassed or uneasy about expressing your grief. You may even be left with the feeling that you don't have a legitimate right to grieve. After all, in our society, grieving over pets is not generally accepted behavior. There isn't much support offered to grieving pet owners, and you may feel very isolated and alone.

## ***Share Your Feelings With Others...***

Loss creates a wound that needs to be healed. Healthy mourning is a process that takes place over time, and effective grief work should not be done alone. It is important that you find someone with whom you can openly acknowledge your feelings, express and work through your pain, and come to terms with your loss. Because it's often so difficult to find support for the grieving process when it concerns a lost pet, you're encouraged to attend:

### ***Hospice of the Valley's Pet Loss Support Group***

***9:00-11:00 A.M.***

***Every First Saturday of the Month***

***1510 E Flower St, Phoenix, AZ 85014***

Whether you're anticipating or coping with the loss of a beloved companion animal, the **Pet Loss Support Group** recognizes your pain and offers you understanding, compassion and support. For those wanting to share their feelings in a group setting, Hospice of the Valley offers, at no cost, a monthly support group meeting led by a certified bereavement facilitator who understands and respects the special bond you have with your animal, and knows from experience how painful it can be when that bond is broken. It is a drop-in group--there is no registration or fee.

For information or questions please call our Bereavement Information line:

***602-636-5390***